



P-Zink

Zinc 20 mg

Prescription only

Presentation

P-Zink Tablet: Each film coated tablet contains Zinc Sulfate Monohydrate BP equivalent to 20 mg elemental Zinc.

Description

Zinc Sulfate Monohydrate is a source of Zinc which is an essential trace element required for human nutrition and involved in a number of body enzyme system. Severe Zinc deficiency causes skin lesion, alopecia, diarrhoea, increased susceptibility of infections, cognitive impairment, and failure to thrive in children. Symptoms of less severe deficiency include distorted or absent perceptions of taste and smell, poor wound healing. Therapy should continue until clinical improvement and be replaced by dietary measures unless there is severe malabsorption, metabolic disease or continuous Zinc loss.

Indications

P-Zink is essential for the correction of Zinc deficiency problems like growth retardation, decreased taste and smell, alopecia, dermatitis, diarrhoea, immunological dysfunction, failure to thrive, gonadal atrophy, impaired spermatogenesis and congenital malformation.

Dosage and Administration

The recommended dose for Children is 2 to 2.5 mg/kg/day

Children under 10 kg : 20 mg 1 or 2 times daily

Children within 10 to 30 kg : 20 mg 1 to 3 times daily

Adult & Child over 30 kg : 40 mg 1 to 3 times daily

Side Effects

Side effects of Zinc salts are abdominal pain and dyspepsia. Others are nausea and vomiting, fever and respiratory distress.

Contraindications

Hypersensitivity to Zinc, abdominal pain and gastrointestinal disturbances.

Drug Interactions

Antibacterial: Reduced absorption of Ciprofloxacin, Moxifloxacin and Norfloxacin; Tetracyclines reduce absorption of Zinc (and vice versa). Iron: Reduced absorption of oral Iron (and vice versa). Penicillamine: Reduced absorption of Penicillamine.

Precautions

Oral Zinc therapy should only be given when there is good evidence of deficiency. Side effects of Zinc salts are abdominal pain and dyspepsia.

Overdosage

Zinc Sulfate is corrosive in overdose. Symptoms are corrosion and inflammation of the mucus membrane of the mouth and stomach. Demulcents, such as milk, should be given and chelating agent, e.g. Sodium Edetate, may be useful.

Pharmaceutical Precautions

Store at below 30°C in a dry place protected from light. Keep out of reach of Children.

Commercial Pack

P-Zink Tablet: Each box contains 3X10 tablets in blister pack.

Manufactured by:



POPULAR PHARMACEUTICALS LTD.

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